



verview

Among India's many religious pilgrimages, the Kedarnath Yatra stands out. During the six months when the temple is open, throngs of devotees go to Kedarnath, the dwelling place of Lord Shiva. Along with the other three holy pilgrimages known as the Char Dhams, Kedarnath is also considered one of the Panch Kedars. The October Kedarnath Trek is the subject of this blog post detailing our adventures. Keep reading to find out more details on the Kedarnath Yatra, including how to get there and where to stay. I consider Kedarnath to be more than merely a pilgrimage site. There is a lot more meaning to the location. I had never been on a family vacation before. From time to time, people tell me that I was a challenging two-year-old who made life difficult for my parents. What else could one possibly expect from a toddler? After almost 30 years, I was once again prepared to go on the Kedarnath Yatra with Agni at my side. My excitement for the Kedarnath trek was palpable when we made the decision to go on foot from Gaurikund this time.







Highlights

- **Kedarnath Temple:** The most significant highlight of Kedarnath is the Kedarnath Temple, one of the twelve Jyotirlingas (divine representations of Lord Shiva) in India. The temple is located amidst the scenic Himalayan ranges at an altitude of 3,583 meters (11,755 feet) above sea level. It is an important pilgrimage destination for Hindus and attracts devotees from all over the world.
- Scenic Beauty: Kedarnath is nestled in the lap of the majestic Garhwal Himalayas, offering breathtaking views of snow-capped peaks, lush green valleys, and pristine rivers. The town is surrounded by stunning natural landscapes, making it a perfect destination for nature lovers and trekkers.
- Trekking Trails: Kedarnath serves as the base for several trekking trails, including the popular Kedarnath Trek, which takes pilgrims through rugged terrains and picturesque landscapes. Other notable treks include the Vasuki Tal Trek, Chorabari Tal Trek, and Gandhi Sarovar Trek, providing adventurers with an opportunity to explore the region's beauty on foot.
- **Religious Significance:** Apart from the Kedarnath Temple, the town is also associated with various other religious sites and myths. According to Hindu mythology, Kedarnath is believed to be the place where Lord Shiva granted salvation to the Pandava brothers, making it a sacred site for Hindus.
- Char Dham Yatra: Kedarnath is one of the four sites included in the Char Dham Yatra, a religious pilgrimage circuit in the Indian Himalayas. The other three sites are Badrinath, Gangotri, and Yamunotri. Pilgrims undertake this journey to seek spiritual blessings and purification by visiting all four sacred sites.
- Bhairavnath Temple: Located near the Kedarnath Temple, the Bhairavnath Temple is dedicated to Bhairava, a fierce manifestation of Lord Shiva. Devotees often visit this temple to seek protection and blessings from Bhairava.



Thort itenerary

- Day1: Reach Haridwar and explore the city
- Day2: Travel from Haridwar to Sitapur/Shersi
- Day3: From Sitapur/Shersi to Kedarnath Ji darshan
- Day4: From Kedarnath Ji to Sitapur/Shersi
- Day5: From Shersi/Sitapur to Haridwar
- Day6: Check out day from Haridwar



Reach Haridwar and explore the city

"Haridwar" means "Gateway to God" in its literal sense. Among India's holiest cities, Haridwar stands out. Many Hindus from all around the globe go to Haridwar. Haridwar is a must-visit destination for Hindus from all over the globe. Haridwar is a sacred site for Hindus who come to purify themselves. The pilgrimage to Haridwar is an important element of religious ceremonies for some. Various groups of worshippers visit Haridwar at different times of the year on a spiritual journey. The lovely sounds of temple bells and hymns sung by priests start and commemorate the normal visit in Haridwar. Among the many things to do in Haridwar, the most popular is visiting Har Ki Pauri. At Har Ki Pauri, devotees pay worship to the goddess Ganga each evening using incense sticks, flowers, and clay lamps. Stop by Ramihula, Bharat Mandir, Laxmanihula, Trambakeshwar Temple, and Laxman Temple. Aarti in the evening at Triveni Ghat... Go back to Haridwar and spend the night there.



Travel from Haridwar to Sitapur/Shersi

After breakfast, you will be driven to Sitapur/Shersi via Rudraprayag. Take a trip to Guptkashi to see the Ardh Narishwar Temple and Devprayag, one of the five Prayag. The trip will be one that you'll never forget, thanks to the breathtaking scenery of the Himalayas and the mighty Ganges River. After arriving in Sitapur or Shersi, you may spend the night at a hotel and have dinner.



From Sitapur/Shersi to Kedarnath Ji darshan

After breakfast, leave the hotel for Shri Kedarnath Ji. Check in to the hotel or campsite, fresh and up for the darshan and stay overnight near the temple after having healthy dinner.

From Kedarnath Ji to Sitapur/Shersi

Today, just after the breakfast, we will start our return journey towards Sitapur/Shersi. Explore the surroundings, have meals and have rest for the entire day.



Day 5:

From Shersi/Sitapur to Haridwar

Also today, just after the breakfast, we will start our return journey towards Haridwar. Check into the hotel, get fresh n up and explore the remaining surroundings, have meals, see the ganga arti at night and have rest for the entire night.

Day 6:

Check out day from Haridwar

Today is the last day of the Kedarnath ji yatra tour. Thank you to the god and every team member for this amazing opportunity. Take memories home and come back again soon.



What's Included

- Consistent with the package, stay at the same or comparable accommodations for hotels.
- Served three times a day, including breakfast and dinner, as written in the packaging.
- Tours and transportation
- Tolls, parking, petrol and driver's allowances included
- Adventurers may reach Kedarnath via horse, paalki, or helicopter. $\overline{\mathbf{M}}$
- Anything not specifically listed as an inclusion.

What's Excluded

- Expenses for individual consumption, alternative excursions, and additional meals.
- No entry cost, no matter where it is, unless otherwise specified.
- Gratuities, medical and travel insurance, laundry fees, alcoholic beverages, mineral water, and phone bills.
- Fees for porters, horses, cable cars, boats, trains, and planes.
- 5% GST Extra
- Helicopter ticket extra
- VIP or any special requirements extra



F&Q

What is the best time to do the Kedarnath Yatra?

The best time to do the Kedarnath Yatra is typically during the pilgrimage season, which generally spans from late April to early November.

What is the difficulty level of the Kedarnath Yatra?

The difficulty level of the Kedarnath Yatra can vary depending on factors such as the route chosen, individual fitness levels, weather conditions, and altitude acclimatization.

The traditional trekking route to Kedarnath from Gaurikund is approximately 16 kilometers (10 miles) long one way, involving a gradual ascent through rocky terrain, forests, and steep inclines. While the trek is not overly technical, it requires a moderate level of physical fitness and stamina to complete.

How long does it take to complete the Kedarnath Yatra?

The duration of the trek from Gaurikund to Kedarnath typically ranges from 6 to 8 hours one way, depending on individual walking pace and rest breaks. The terrain varies from dirt paths to rocky trails and wooden bridges, requiring careful footing and concentration, especially in certain sections with steep ascents or descents.

What is the altitude of Kedarnath Yatra?

The Kedarnath Yatra involves reaching the sacred Kedarnath temple, which is located at an altitude of approximately 3,583 meters (11,755 feet) above sea level. This elevation places Kedarnath among the higher-altitude pilgrimage sites in the Indian state of Uttarakhand, nestled in the Garhwal Himalayas. Trekkers and pilgrims undertaking the yatra need to be prepared for the challenges associated with trekking at such altitudes, including altitude sickness, decreased oxygen levels, and temperature variations. It's essential to acclimatize properly, stay hydrated, and pace oneself while ascending to higher elevations during the yatra to ensure a safe and enjoyable pilgrimage experience.



What kind of accommodation is available during the Kedarnath Yatra?

Yes, there are various accommodation options available in Kedarnath ranging from dharamshalas (pilgrim guesthouses) to tents and lodges. However, it is recommended to book in advance, especially during peak pilgrimage seasons.

What should I pack for the kedarnath Yatra?

Packing for the Kedarnath Yatra requires careful consideration of the essentials needed for a pilgrimage journey in the Himalayan region. Here's a comprehensive packing list to help you prepare:

1. Clothing:

- Lightweight, moisture-wicking clothing for trekking or walking
- Insulated jacket or fleece for warmth, especially during early mornings and evenings
- Waterproof and windproof jacket or poncho
- Comfortable trekking pants and shorts
- Warm hat, gloves, and scarf or neck gaiter
- Sturdy and comfortable trekking shoes or boots with good traction
- Trekking socks (wool or synthetic) to keep feet warm and dry

2. Personal Items:

- Backpack or daypack to carry essentials during the trek
- Water bottle or hydration system to stay hydrated along the journey
- Snacks such as energy bars, nuts, or dried fruits for quick energy boosts
- Sunglasses with UV protection
- Sunscreen and lip balm with SPF protection
- Insect repellent to ward off mosquitoes and other insects
- Personal toiletries including toilet paper, wet wipes, hand sanitizer, and any necessary medications
- Small towel or handkerchief

3. Safety and Health:

- First aid kit with essential medications, bandages, antiseptic cream, and blister treatment
- Personal identification (passport, driver's license, or Aadhar card)
- Emergency contact information and any relevant medical history
- Whistle and signaling mirror for emergencies
- Lightweight rain gear or poncho in case of unexpected rain
- Basic tools or multi-tool for minor repairs or adjustments

4. Miscellaneous:

- Camera or smartphone for capturing memories (with protective case)
- Notebook and pen for journaling or making notes
- Plastic bags or zip-lock bags for organizing and protecting belongings
- Cash in small denominations for purchasing snacks, souvenirs, or donations at the temple



Is altitude sickness a concern during the Kedarnath Yatra?

While the altitude of Kedarnath is not extremely high, some trekkers may experience symptoms of altitude sickness, especially if ascending too quickly. It's important to acclimatize properly, stay hydrated, and listen to your body. If symptoms persist or worsen, it's advisable to descend to a lower altitude.

What are the terms & conditions and payment policies of the trek?

Check out these link

Terms & Conditions Privacy Policy

Payment Policies











Gears on Rent



TREKKING POLES **RS.250**



HEAD TOURCH RS.250



PONCHO RS.250



JACKET RS.600



TREKKING SHOES **RS.600**

Note:- Rest gears are available for purchase.





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